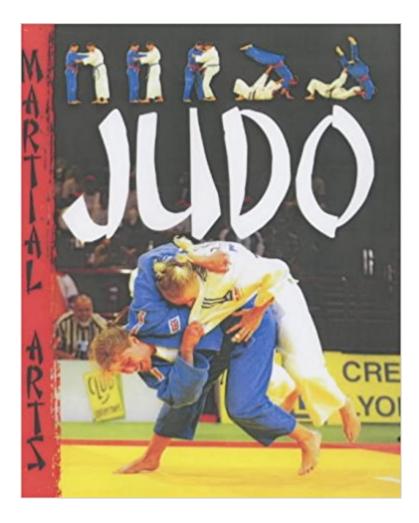


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Martial Arts: Judo Paperback





Synopsis

This series encourages readers to discover the skills required for martial arts. Each title presents one of the arts, explores how it has been developed and how it works today, including famous fighters and international competition. There are step-by-step instructions for holds, throws and other techniques, and advice on safety and locations to learn about martial arts.

Book Information

Series: Martial Arts Paperback: 32 pages Publisher: Raintree (July 23, 2004) Language: English ISBN-10: 1844216969 ISBN-13: 978-1844216963 Package Dimensions: 10.8 x 8.9 x 0.2 inches Shipping Weight: 7 ounces Average Customer Review: 1.0 out of 5 stars 1 customer review Best Sellers Rank: #11,953,676 in Books (See Top 100 in Books) #62 inà Â Books > Teens > Sports & Outdoors > Martial Arts

Customer Reviews

The whole series from Mason Crest is poorly written, poorly researched, and way too expensive. Their whole series is not even worth giving away.

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